



# September Lunch Menu



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 5  SEPT 10	5 <b>LABOR DAY</b>  NO SCHOOL	6 <b>*Chicken Nuggets Dinner Roll</b> Fruit Vegetable Milk	7 <b>Tacos w/Nacho Chips</b> Fruit Vegetable Milk	8 <b>Turkey &amp; Cheese Sub</b>  Fruit Vegetable Milk	9 <b>Cheese Sticks w/ Marinara Sauce</b>  Fruit Vegetable Milk
	SEPT 12  SEPT 16	12 <b>*French Toast/Sausage</b>  Fruit Vegetable milk	13 <b>*Spaghetti/ Garlic Bread</b>  Fruit Vegetable Milk	14 <b>Hotdog or Brat</b>  Fruit Vegetable Milk	15 <b>*Popcorn Chicken</b>  Fruit Vegetable Milk
SEPT 19  SEPT 23	19 <b>Mini Pancakes/ Sausage</b>  Fruit Vegetable milk	20 <b>Hamburger or Cheeseburger</b>  Fruit Vegetable Milk	21 <b>Lasagna/Garlic Bread</b>  Fruit Vegetable Milk	22 <b>Cheese Nachos w/Meat</b>  Fruit Vegetable Milk	23 <b>NO SCHOOL</b>  <b>NO Lunch</b>
SEPT 26  SEPT 30	26 <b>Mini Corndogs or Corndogs</b>  Fruit Vegetable milk	27 <b>Chicken Patty on a Bun</b>  Fruit Vegetable Milk	28 <b>Meatballs, Potatoes &amp; Gravy</b>  Fruit Vegetable Milk	29 <b>Ham &amp; Cheese on Brioche Bun</b>  Fruit Vegetable Milk	30 <b>Cheese/Chicken Quesadilla Pizza</b>  Fruit Vegetable Milk

**Eagles Café Meal Prices:**  
 Elementary (K-5) \$3.55  
 High School (6-12) \$3.90  
 Adult \$4.70  
 Milk .50

**Choices:**  
 1% White Milk & Skim  
 Chocolate Milk

Students are encouraged to try the daily fruits and vegetables offered.

**\* =Whole grain rich foods**

2022-23  
  
Menu is subject to change  
Due to Supply Demand