



Lunch Menu

Eagles Café Meal Pricing:
 Elementary Lunch (K-5) \$3.55
 High School Lunch (6-12) \$3.90
 Adult Lunch \$4.70
 Milk .50



Choices:
 1% White Milk
 &
 Skim Chocolate Milk

Students are encouraged to try the daily fruits and vegetables offered.

Eagles Café

*** =Whole grain rich foods**

2022-23

Menu is subject to change Due to Supply Demand

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 LABOR DAY SEPT 5 SEPT 10	6 *Chicken Nuggets Dinner Roll Fruit Vegetable Milk	7 Tacos w/Nacho Chips Fruit Vegetable Milk	8 Turkey & Cheese Sub Fruit Vegetable Milk	9 Cheese Sticks w/ Marinara Sauce Fruit Vegetable Milk	
12 *French Toast/Sausage SEPT 12 SEPT 16	13 *Spaghetti/ Garlic Bread Fruit Vegetable Milk	14 Hotdog or Brat Fruit Vegetable Milk	15 *Popcorn Chicken Fruit Vegetable Milk	16 *Bavarian Pretzel w/ Cheese Sauce Fruit Vegetable Milk	
19 Mini Pancakes/ Sausage SEPT 19 SEPT 23	20 Hamburger or Cheeseburger Fruit Vegetable Milk	21 Lasagna/Garlic Bread Fruit Vegetable Milk	22 Cheese Nachos w/Meat Fruit Vegetable Milk	23 NO SCHOOL NO Lunch	