



## FREE LUNCH – NO COST

The United States Department of Agriculture (USDA) is waiving certain requirements due to the pandemic, and the result is that **all St. Mary students are now eligible for free lunch.**

Students do not have to pay for qualified lunches\*

### LUNCH Menu



### Eagles Café

Enjoy the school year by eating a healthy lunch

**Choices:**  
1% White Milk & Skim Chocolate Milk

Students are encouraged to try the daily fruits and vegetables offered.

\* =Whole grain rich foods

2021/22

Menu is subject to change

| WEEK              | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|-------------------|--|---|--|--|---|
| <b>Sept 6-10</b>  | <b>LABOR DAY</b><br><b>NO SCHOOL</b>                                     | Popcorn<br>Chicken/Dinner Roll<br><br>Fruit<br>Vegetable<br>Milk<br><br>WELCOME BACK!!! | Tacos w/Tortilla<br>Chips<br><br>Fruit<br>Vegetable<br>Milk                      | Turkey &<br>Cheese Sub<br><br>Fruit<br>Vegetable<br>Milk                     | Bosco "Cheese"<br>Sticks<br>w/Marinara<br>Sauce<br><br>Fruit<br>Vegetable<br>Milk |
| <b>Sept 13-17</b> | <b>Mini Pancakes<br/>Sausage, Eggs</b><br><br>Fruit<br>Vegetable<br>Milk | <b>Chicken Patty<br/>on a Bun</b><br><br>Fruit<br>Vegetable<br>Milk                     | <b>Meatballs,<br/>Potatoes &amp;<br/>Gravy</b><br><br>Fruit<br>Vegetable<br>Milk | <b>Ham &amp; Cheese<br/>on Brioche Bun</b><br><br>Fruit<br>Vegetable<br>Milk | <b>Grilled Cheese<br/>&amp; Tomato<br/>Soup</b><br><br>Fruit<br>Vegetable<br>Milk |
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