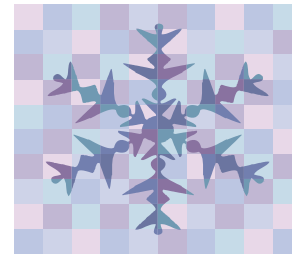




## LUNCH MENU

### FREE LUNCH – NO COST

The United States Department of Agriculture (USDA) is waiving certain requirements due to the pandemic, and **all St. Mary students are eligible for free lunch.**



**Choices:**  
1% White Milk  
&  
Skim  
Chocolate Milk

Students are encouraged to take the daily fruits and vegetables offered.

**Eagles Café**  
\* = Whole grain rich foods

2022

Menu is subject to change

**WEEK                      MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY**

<b>Jan 3-7</b>	<b>Hotdog/Brat</b>  Fruit Vegetable Milk	<b>Turkey Shaped Pretzel with cheese sauce</b>  Fruit Vegetable Milk	<b>Chicken Legs/Mashed Potatoes</b>  Fruit Vegetable Milk	<b>Pizza (Cheese or Pepperoni)</b>  Fruit Vegetable Milk	<b>Turkey &amp; Cheese on Brioche Bun</b>  Fruit Vegetable Milk
<b>Jan 10-14</b>	<b>*French Toast/Sausage</b>  Fruit Vegetable Milk	<b>*Chicken Nuggets</b>  Fruit Vegetable Milk	<b>Tacos w/Chips</b>  Fruit Vegetable Milk	<b>Lasagna &amp; *Garlic Bread Knots</b>  Fruit Vegetable Milk	<b>Cheese or Pepperoni Pizza</b>  Fruit Vegetable Milk
<b>Jan 17-21</b>	<b>Chicken Patty on a Bun</b>  Fruit Vegetable Milk	<b>Tuna Fish on a Brioche Bun</b>  Fruit Vegetable Milk	<b>Nachos</b>  Fruit Vegetable Milk	<b>Ham &amp; Cheese Sub</b>  Fruit Vegetable Milk	<b>NO SCHOOL</b>