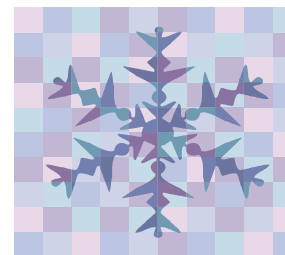




January Lunch Menu

Eagles Café Meal Pricing:

Elementary Lunch (K-5) \$3.55
High School Lunch (6-12) \$3.90
Adult Lunch \$4.70
Milk .50



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAN 9	9 French Toast/Sausage	10 Sloppy Joe	11 Chicken Alfredo	12 Chicken Patty on a Bun	13 Grilled Cheese/tomato Soup
JAN 13	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk
JAN 16	16 Hotdog/Brat	17 Popcorn Chicken (1/2 day 8 th -12 th grade)	18 Tacos (1/2 day 8 th -12 th grade)	19 Quesadilla Pizza (1/2 day 8 th -12 th grade)	20 No School/Lunch
JAN 20	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk
JAN 23	23 Belgian Waffle	24 Chicken Fajitas	25 Lasagna/Garlic Bread	26 Turkey Sub	27 Cheese Nachos
JAN 27	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk
JAN 30	30 Hamburger/ Cheeseburger	31 Chicken Nuggets/Rice	1 Spaghetti/Garlic Bread	2 Turkey & Cheese Sub	3 Cheese Nachos
FEB 3	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk	Fruit Vegetable Milk

Choices:
 1% White
 Milk
 &
 Skim
 Chocolate
 Milk

Students
 are
 encouraged
 to try the
 daily fruits
 and
 vegetables
 offered.

**Eagles
Café**

* =Whole
 grain rich
 foods

2022-23

Menu is
 subject
 to
 change
 Due to
 Supply
 Demand