



FREE LUNCH – NO COST

The United States Department of Agriculture (USDA) is waiving certain requirements due to the pandemic, and the result is that **all St. Mary students are now eligible for free lunch**. Students do not have to pay for qualified lunches* from Nov-April.



LUNCH Menu

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEB 8-12	Popcorn Chicken with Rice Fruit Vegetable Milk	Hamburger/ Cheeseburger Fruit Vegetable Milk	Chicken Alfredo over Noodles Fruit Vegetable Milk	Turkey & Cheese Sub Sandwich Fruit Vegetable Milk	Heart Shaped Pretzels w/Cheese Sauce Fruit Vegetable Milk
FEB 15-19	Belgian Waffle or Mini Pancakes With Sausage Fruit Vegetable Milk	Chicken Legs/Mashed Potatoes Fruit Vegetable Milk	Fish On A Bun Fruit Vegetable Milk	Goulash with Breadstick Fruit Vegetable Milk	Bosco Cheese Sticks w/Marinara Sauce Fruit Vegetable Milk
FEB 22-26	Hotdog/Chilidog Fruit Vegetable Milk	Sweet & Sour Chicken over Rice Fruit Vegetable Milk	Nachos (with Meat & Cheese) Fruit Vegetable Milk	1/2 DAY No Lunch	1/2 DAY NO LUNCH

Choices:
1% White Milk
&
Skim Chocolate Milk

Students are encouraged to try the daily fruits and vegetables offered.

Eagles Café

*=Whole grain rich foods

2020/21

Menu is subject to change